

pevonia<sup>®</sup>  
BOTANICA

### One Day Packages

**Time for Her €170.00**  
Aromatherapy Massage (45mins)  
Escutox ® Facial  
True relaxation for body and soul, your weary limbs will be re-energised and skin visibly more youthful.

**Harmony €180.00**  
Aromatherapy Facial  
Aromatherapy Massage (70mins)  
Using unique massage techniques and exclusive blends of essential oils, this is a truly holistic and sensory experience.

**Revive €200.00**  
Anti-Free Radical Facial  
Tropical Escape  
Maximise your skin's protection against premature ageing with these nourishing and replenishing treatments for face and body.

**Teen Dream € 90.00**  
Radiance Facial  
Swedish Massage (20mins)  
A perfect introduction to relaxation and skincare. Over 19's also allowed !

**Time for Him €170.00**  
Swedish Massage ( 45mins)  
Skin Fit Mens Facial  
Skin care designed specifically for male skin, perfect for De-stress and renewed energy.

**Energise €185.00**  
Elastofirm Facial  
Tropical Saltmousse Glow  
Swedish Massage ( 20mins)  
For hydrated, radiant skin look no further than this all-encompassing treat .

**Duo Deluxe €200.00**  
Jacuzzi for two  
Royal Thai Massage (55mins) for two  
A luxurious escape for you to enjoy as a couple. Bubbling jets swirl your cares away before true relaxation of tradition Thai massage.

**His and Hers €80.00**  
Jacuzzi for two  
Swedish Massage (20mins) for two  
Perfect relaxation for both of you !  
We recommend you enjoy our sauna & hamam together prior to this package.

### Two Day Packages

**Unwind €250.00**  
Tropical Escape  
Swedish Massage (30mins)  
Radiance Facial  
Indian Head Massage  
Relax and allow all your cares to be smoothed away with selected therapies to soothe and de-stress.

**Luxury €425.00**  
Myoxy-Caviar & Pearls Facial  
Youth-Renew  
Caviar Hand Treatment  
Caviar Foot Treatment  
Hot Stone Relax Massage  
For the ultimate in both relaxation and anti-ageing. An opulent experience with dramatic results.

**Radiance €270.00**  
Tropical Saltmousse glow  
Aromatherapy Massage (45mins)  
Luminous "C" and Sea Facial  
De-stress Eye Wrinkles  
Emerge a new you ! Designed for renewed, firmed and silky, smooth, luminous skin from head to toe.

### Three Day Packages

**Renew** €360.00  
Aroma Salt Glow  
Detox Thalasso Wrap  
Prescriptive Facial  
De-stress Eye Wrinkles  
Back Wrap with Aromatic Moor mud  
Swedish Massage ( 45mins)

With stressed and tired travelers in mind this package has been created for all-over replenishment and renewal of body and mind

**Indulge** €400.00  
Luminous “C” & Sea Facial  
Aromatherapy Massage (20mins)  
Spa Manicure  
Spa Pedicure  
Tropical Oasis  
Indian Head Massage

Encompassing your needs from head to toe it's time to treat yourself.  
You know you're worth it !

### Five Day Packages

**Detox** €495.00  
Full Body Polish  
Detox Thalasso Wrap  
Green Coffee Wrap x 2  
Radiance Facial  
Aromatherapy Massage (45mins)  
Prescriptive Facial  
Indian Head Massage

Combating the effects of a modern lifestyle, a complete cleansing and detox programme for sluggish complexion and circulation, targeting problem areas and cellulite.

**Wish upon a Spa** €550.00  
Plantomer Facial  
Jacuzzi  
Aromatherapy Massage (70mins)  
Tropical Escape  
Luminous “C” and Sea Facial  
De-stress Eye Wrinkles  
Hot Stone Relax Massage

Dream your way to reality with this package borne of the wishes of every spa visitor. A little luxury for each day to ensure your holiday leaves you entirely revitalized.

## Facial Treatments

DEVONIA<sup>®</sup>  
BOTANICA

### **Radiance Facial**

Ideal for all skin types wanting an instant boost, leaving your skin looking fresh and radiant.

**30 minutes €60.00**

### **Prescriptive Facial**

All skin types will benefit from this treatment, tailor made to your individual needs.

**60 minutes €90.00**

### **Plantomer Facial**

This deeply hydrating and mineralizing mask has high seaweed content which soothes, heals and refreshes combined with the benefits of revitalizing Propolis, a natural healing and desensitizing substance, rich in natural antibiotics and Vitamin A. This facial is ideal for Sensitive, Eczema and Psoriasis prone skin types.

**60 minutes €95.00**

### **Aromatherapy Facial**

A deeply relaxing holistic facial, prescribed to your needs, which includes a deeply relaxing massage using essential oils.

**60 minutes €85.00**

### **Oxy Vital Mask**

Rich in Aloe Vera which reduces irritation such as sunburn. Cooling, soothing and very hydrating.

**60 minutes €85.00**

### **Rosacea Facial**

This treatment is proven capable of delivering the exceptional results desired by those suffering from severe sensitivity, broken capillaries, Rosacea and Acne Rosacea. Providing soothing relief and visible results to dilated capillaries, congestion and blotchiness, decongesting and calming your skin for an even, healthy appearance.

**60 minutes €99.00**

### **Acne Treatment**

A specific treatment with anti-bacterial properties and active ingredients which help to refine the skin's surface.

**60 minutes €90.00**

### **Elasto-Firm Mask**

A firming facial rich in Elastin which supports the network to the skin, rebuilding its strength and ability to spring back. This facial will leave your complexion intensely firmed and tightened, deeply hydrated, radiant and youthful.

**60 minutes €99.00**

### **Anti-Free Radical Facial**

Recommended for dehydrated, dry skin. The thermal mask contains essential vitamins, to maximize your skin's protection against free radicals and premature ageing, leaving the skin tighter, radiant and rejuvenated.

**60 minutes €105.00**

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#### **Escutox® Anti-Wrinkle Facial**

Pevonia's exclusive formulation of hibiscus extract Escutox® stimulates the nerve endings, repairs the skin, relaxes wrinkles and increases hydration and the skin's suppleness resulting in a visibly youthful skin. The natural alternative to botox.

**60 minutes €105.00**

#### **Luminous "C" & "Sea" Facial**

Excellent for all skin types which require an instant boost, rejuvenating and strengthening the skin's elasticity and encouraging the production of collagen.

**60 minutes €110.00**

#### **Caviar & Pearls Facial**

A natural alternative to Botox using Russian caviar and pearl extracts. Ideal for those who would like to minimise the signs of ageing, dramatically reducing facial expression lines and wrinkles.

**60 minutes €200.00**

#### **Men's Facial**

Designed to alleviate and reduce shaving irritation; rich in Propolis renowned for its healing and hydrating properties.

**60 minutes €95.00**

#### **Skin Fit Men's Facial**

The Skin Fit Men's Facial has been formulated especially for the needs of male skin with scientifically advanced anti-ageing properties. With a fantastically potent formula of natural ingredients, including caviar, to noticeably improve skin, it will soothe, repair and rejuvenate.

**60 minutes €110.00**

#### **Eye & Lip Treatments**

##### **De-Stress Eye Wrinkles**

Alleviates the problem of wrinkles and crêpey skin, also helps to hydrate, plump and reduce the appearance of fine lines. May be performed alone or added to any facial treatment.

**25 minutes €50.00**

##### **De-Stress Eye Puffiness**

Stimulates lymphatic capillaries to drain effectively. Reduces puffiness, helps to ease dark circles and re-energizes the eyes. May be performed alone or added to any facial treatment.

**25 minutes €50.00**

##### **De-Stress Eye Wrinkles & Puffiness Combination Treatment**

**40 minutes €70.00**

##### **Youthful Lip Treatment**

Retinol is used to hydrate and renew the lip area to reduce problems of dry cracked lips and lipstick bleeding. Visibly smoothing expression lines and wrinkles around the mouth, and effectively restoring and redefining the lip contour; your lips are rendered smooth, plump and youthful. May be performed alone or added to any facial.

**25 minutes €53.00**

**BODY TREATMENTS - Exfoliating**

**Full Body Polish**

A gentle refining scrub that removes impurities and dead skin cells; skin is left soft and hydrated. Ideal prior to any body treatment or self tan.

**30 minutes €50.00**

**Tropical Saltmousse Glow**

This salt mousse glow will remove dead skin cells and impurities polishing the skin and drenching it with its tropical aroma. Select from Pineapple-Papaya; repairing, smoothing and rejuvenating or Mango-Passion Fruit; firming, brightening and invigorating.

**30 minutes €65.00**

**Aromatherapy Salt Glow**

Bring back your skin's radiant glow, with a combination of marine and mineral salts infused with essential oils. Increases circulation to leave your skin silky smooth and hydrated. Available in 'anti-stress' or 'contour' blends, this treatment is recommended prior to any body treatment or massage.

**30 minutes €65.00**

**Total Back Ritual**

Your back can be an overlooked part of the body where skin can become clogged and neglected. This treatment will help to ease your muscles, cleanse, polish and replenish, leaving your skin radiant and glowing.

**55 minutes €80.00**

**Self Tan**

After exfoliating the Pevonia tanning cream is applied, allowing you to obtain a golden tan without exposure to the sun's harmful rays. Take home the rest of the bottle to enhance your tan as desired.

**55 minutes €99.00**

### **BODY TREATMENTS - Wraps**

#### **Tropical Escape - De-ageing, wrinkle smoothing, rejuvenating**

Drenched with Papaya and Pineapple, this tropical wrap is enriched with Crème Fraiche blended with potent anti-ageing ingredients such as collagen and elastin. Experience a glorious sensory escape as you are firstly exfoliated with the Tropical Salt mousse before being enveloped by the scent of vanilla and enticing tropical fruits. Recommended for premature ageing, the skin is deeply nourished revealing a youthful skin.

**70 minutes €120.00**

#### **Tropical Oasis - Firming, invigorating, repairing**

Combining the tropical extracts of Mango and Passion fruit, the skin is smoothed and prepared by the Tropical Salt mousse before being cocooned in a creamy yoghurt formulation. Transport yourself to a tropical oasis where your senses will be gently awakened. The skin emerges refreshed, smoother, firmer and visibly brighter. Recommended to firm the skin, great for dull, sallow pigmented skin types.

**70 minutes €120.00**

#### **Detox Thalasso Wrap - Detoxify, replenish**

Seaweed mirrors our own natural trace elements, helping to boost the immune system. A remarkable treatment for body contouring, this treatment detoxifies and re-mineralises the body. As stress and toxins are eliminated, the entire body is replenished with 104 vitamins.

**55 minutes €90.00**

#### **Aromatic Moor Mud Wrap**

A gentle thermal action helps to simulate and relieve any muscular tension, also excellent for relieving pain from arthritis and rheumatism. Rich in vitamins, minerals and enzymes which help boost the body's immune system.

**55 minutes €90.00**

#### **Water Lily Aftersun Soothing**

Cooling gel wrap to reduce body temperature and calm sunburn.

**55 minutes €85.00**

#### **Green Coffee Treatment for Cellulite**

Utilising a newly discovered ingredient Green coffee which has been proved 100% effective at fighting free- radical damage. Leaves visible reduction of the appearance of cellulite.

**55 minutes €100.00**

#### **Back Wrap with Aromatic Moor Mud**

Intense, warming properties of pure Canadian Moor mud are used to relieve tiredness as well as muscular aches and pains.

**25 minutes €50.00**

**All body wraps except the Tropical Escape and Tropical Oasis include body brushing prior to treatment.**

### CARITA FACE CARES

#### **Sculpting Gold Perfection - Expert ultra-firming care**

An unforgettable experience combining effectiveness, performance and pleasure of the senses To rejuvenate the skin. The skin recaptures youthfulness, vitality and radiance.

**90minutes €160.00**

#### **Lift Firming - Toning revitalizing care**

For an immediate beautifying result: the skin appears “lifted”and firmer, the complexion fresher and brighter.

**90minutes €150.00**

#### **Lagoon Hydration - Refreshing, replenishing care**

Specially designed for dehydrated and tired skin, this treatment relaxes the facial contours and revitalizes your skin, revealing a radiant and luminous complexion.

**75minutes €120.00**

#### **Cotton Softness - Tender smoothing care**

Extremely soothing “cocoon” treatment perfect for sensitive skin. Skin is soothed, supple and comfort restored, leaving it more resistant to irritations and even toned.

**75minutes €120.00**

#### **Rice Milk Nourishment- Delicious nourishing care**

A moment of sheer comfort and relaxation, giving dry skin the essential nutrients it deserves for vitality and balance.

**75minutes €120.00**

#### **Papaya Purity - Balancing mattifying care**

Rediscover the freshness of a matte and luminous complexion, perfect for combination and oily skin.

**75minutes €120.00**

### CARITA BODY TREATMENTS

#### **Intense Refining Contour - Refining and draining care**

This slimming treatment precisely targets “critical” areas, for a refined and toned body.

**75minutes €135.00**

#### **Silk Revelation - Relaxing, revitalizing and harmonising massage**

Relax your mind and unleash your body’s energy with this indulgent massage combining a delightful mix of varying rhythms and pressures.

**60minutes €100.00**

#### **Soft Satin Skin - Exfoliating and energising massage**

This gentle treatment begins with an exfoliation of the entire body, smoothing away rough patches and refining the skins texture. As gentle as a caress, a second massage nourishes and smoothes the skin, leaving your skin exquisitely soft

**75minutes €125.00**

## MASSAGE TREATMENTS

### **Swedish Full Body Massage**

A relaxing massage which releases tension, improves circulation and eases aching muscles.

**45 minutes €70.00**

### **Swedish Back Massage**

Focusing on the back, neck & shoulders to help relax, release stress and tension from your muscles.

**30 minutes €55.00**

**20 minutes €40.00**

### **Therapeutic Massage**

Especially beneficial if you are suffering from aches, pains and stiffness. A full body deep tissue massage to ease tense muscles, bringing harmony to body and mind.

**45 minutes €80.00**

### **Sports Massage**

Treatment of soft tissue injury or sports related injury through specialist sports massage techniques. This session can also be used as an injury prevention tool keeping you in top condition for your chosen sport, alleviating aches and pains caused by overuse of muscles and improving flexibility.

**45 minutes €80.00**

**30 minutes €60.00**

### **Aromatherapy Massage**

A holistic massage for complete relaxation, using the highest quality pre-blended essential oils chosen to suit individual needs. Available in Relaxing, Muscle Fatigue, Cellulite & Rejuvenating.

**70 minutes €115.00**

**45 minutes € 75.00**

### **Aromatherapy Back Massage**

Concentrating on the back, neck & shoulders using a prescribed blend of essential oils to help soothe tension from your muscles. Available in Relaxing, Muscle Fatigue, & Rejuvenating.

**30 minutes €55.00**

**20 minutes €45.00**

### **Reflexology**

Using ancient Chinese techniques, reflexology works on the principle that all our organs are represented in the feet. By working on these points with acupuncture, the therapist can help to rebalance the system and obtain harmony to body and mind.

**45 minutes €80.00**

### **Indian Head Massage**

Indian Head Massage has been practiced for over 4000 years. Relieving tension from your shoulders, neck, head and face, the treatment is concluded with oiling of the hair, a traditional Indian practice to balance your hair, scalp, and mind.

**25 minutes €50.00**

### Shiatsu

Tien Chen Shiatsu originates from China. The therapist uses fingers, thumbs, knuckles and the palms of the hands gently on over 600 pressure points of the body which stimulates and removes blockages in the meridians ( energy lines ) of the body. This therapy is especially good for stress, tension, general ailments and relaxation.

**40minutes €80.00**

### Thai Back Massage

This traditional Thai massage increases mobility by a sequence of unique ancient stretching and pressure techniques that alleviate tension in the back, neck and shoulder area, releasing blockages, leaving you feeling supple and renewed.

**25minutes €60.00**

### Thai Massage

Performed on the floor, an ingenious system of movements, allows the therapist to manipulate, loosen and stretch the body, with techniques unique to this ancient massage. Working on the energy lines, which run throughout the body, it releases blockages, opens the chakras, increasing your energy and flexibility whilst inducing a peaceful mind.

**90 minutes €130.00**

**55 minutes € 95.00**

### Royal Thai Massage

Using a relaxing blend of traditional Thai aromatic herbal oils, all tension is released from the body and mind with techniques unique to this sublime Oriental massage.

**90 minutes €150.00**

**55 minutes €110.00**

### STONE THERAPY

**Hot Stone Massage** is a unique treatment of heated volcanic stones applied with essential oils to the body in ways that bring about relief to sore and stiff muscles, releasing tension, to bring about tranquility and a more balanced flow of energy.

### Relax

This combination focuses on massage and stone placement to offer a complete holistic approach and sensory journey. Stimulates the body's own ability to release stress and restore peace, bringing about a state of deep relaxation.

**75 minutes €130.00**

### WELLNESS

#### Yoga

Yoga helps to pacify the mind, it uses physical health and wellbeing to achieve inner balance and spiritual awareness. The breathing technique which is a major part of yoga helps the body and mind to be calmed and soothed.

**60 minutes €50.00**

**90 minutes €75.00**

**TREATMENTS FOR MEN**

Relax Hot Stone Massage  
**75 minutes €130.00**

Men's Facial  
**60 minutes €95.00**

Skin Fit Men's Facial  
**60 minutes €110.00**

Full Body Polish  
**30 minutes €50.00**

Aromatherapy Salt Glow  
**30 minutes €65.00**

Total Back Ritual  
**55 minutes €80.00**

Aromatic Moor Mud Wrap  
**55 minutes €90.00**

Back Wrap with Aromatic Moor Mud  
**25 minutes €50.00**

Swedish Full Body Massage  
**45 minutes €70.00**

Swedish Back Massage  
**30 minutes €55.00**  
**20 minutes €40.00**

Therapeutic Massage  
**45 minutes €80.00**

Sports Massage  
**45 minutes €80.00**  
**30 minutes €60.00**

Thai Back Massage  
**25minutes €60.00**

Thai Massage  
**90 minutes €130.00**  
**55 minutes € 95.00**

Royal Thai Massage  
**90 minutes €150.00**  
**55 minutes €110.00**

## WEDDING TREATMENTS

### Bridal Radiance

Luminous "C" & "Sea" Facial

Youth - Renew Caviar Foot Treatment

Indian Head Massage

Make sure you're relaxed and glowing for your special day ! With a facial that rejuvenates and gives skin an instant boost, a luxury foot treatment with repairing ingredients to reveal youthful, refreshed, velvety-smooth, and relaxed feet and an Indian head massage to relieve tension from your shoulders, neck and head.

€195.00

### Here Comes the Bride

Bridal Hair Creation ( includes one trial )

Bridal Make-up ( includes one trial )

Express Manicure

Express Pedicure

A special you for your special day! No need to worry about nerves - our expert therapist will make sure you have perfect hands and feet while a trial for both hair and make-up ensures everything will be as you dreamed it would. Congratulations !

€235.00

### Gorgeous Groom

Full Body Polish

Back Massage ( 30 minutes )

Mens Radiance Facial

Gents Manicure

Begin married life looking your best ! Relax in our sauna & hamam before a full body salt exfoliation for smooth, sensual skin and a relaxing back massage to soothe away those last minute nerves. Radiance facial for radiant skin and a gents manicure for handsome hands.

€170.00

## Wedding Hair Services

Wedding Creation ( including one trial )	€110.00
Bridesmaid Creation	€ 55.00
Bridesmaid Creation (under 12yrs )	€ 36.00
Bridesmaid Creation (under 8yrs )	€ 26.00
Hair Up	€45.00
Curls	€45.00
Shampoo & Blow-dry ( short )	€22.00
Shampoo & Blow-dry ( long )	€26.00

## PREGNANCY TREATMENTS

### **Time For Mum**

This treatment includes specifically designed massage techniques and products for mothers-to-be which place focus on the limbs, back and abdomen. The treatment is tailored to safely care for your needs and combines a Pevonia Signature Massage and a hydrating Plantomer Facial to heal and soothe your skin.

**85 minutes €120.00**

### **Youth - Renew Caviar Hand Treatment**

Your hands are the first to reveal evident signs of ageing. This luxurious anti-ageing treatment is proven-effective to hydrate, brighten, smooth, and visibly rejuvenate your hands. This treatment combines superlative ingredients such as Caviar, Retinol, Marine Collagen and repairing vitamins to render your hands smooth and gloriously rejuvenated.

**45 minutes €75.00**

### **Youth - Renew Caviar Foot Treatment**

This opulent anti-ageing therapy treats your feet to visible rejuvenation with its powerful formulation of enriching natural actives. Your feet are brightened with natural enzymes, then exfoliated with polished Jojoba beads that gently peel away all impurities. Repairing ingredients quickly seep into the skin to ensure you reveal youthful, refreshed, velvety-smooth, and relaxed feet.

**45 minutes €75.00**

### **Plantomer Facial**

This deeply hydrating and mineralizing mask has high seaweed content which soothes, heals and refreshes leaving the skin tightened and lifted.

**60 minutes €95.00**

### **Prescriptive Facial**

All skin types will benefit from this treatment, tailor made to your individual needs.

**60 minutes €90.00**

## HANDS & FEET

### **Youth - Renew Caviar Hand Treatment**

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**45 minutes €75.00**

### **Youth - Renew Caviar Foot Treatment**

This opulent anti-ageing therapy treats your feet to visible rejuvenation with its powerful formulation of enriching natural actives. Your feet are brightened with natural enzymes then exfoliated with polished Jojoba beads that gently peel away all impurities. Repairing ingredients quickly seep into the skin to ensure you reveal youthful, refreshed, velvety-smooth, and relaxed feet.

**45 minutes €75.00**

### **Spa Manicure**

A full Luxury manicure treatment including exfoliation, nourishing hand serum a soothing hand massage followed by an application of nail varnish of your choice.

**55 minutes €60.00**

### **Express Manicure**

A full manicure followed by an application of nail varnish of your choice

**30minutes €40.00**

### **French Manicure**

Manicure followed by an application of French nail polish.

**40 minutes €50.00**

### **Mens Manicure**

**25mins €30.00**

### **Spa Pedicure**

A full pedicure treatment including a bubbling spa bath to soothe your tired feet, exfoliation, foot mask and a relaxing foot massage, followed by an application of nail varnish of your choice.

**70 minutes €70.00**

### **Express Pedicure**

Pedicure followed by an application of nail varnish of your choice.

**45 minutes €50.00**

**Re- shape & polish €20.00**

**Polish €15.00**

### FINISHING TOUCHES

#### **MAKE-UP**

Bridal Make-up ( including a trial )	€80.00
Day/Evening Make-up	€40.00

### WAXING/ TINTING

#### **Waxing**

Full leg wax	€45.00
Full leg & bikini	€50.00
Half leg wax	€30.00
Bikini Line wax	€17.00
Full Bikini Wax	€35.00
Under arm wax	€12.00
Upper lip & chin wax	€10.00
Back wax	€35.00
Chest wax	€35.00
Arm wax	€35.00
Eye brow wax	€12.00

#### **Tinting & Shaping**

Eyebrow tint	€15.00
Eyelash tint	€25.00
Eyelash tint & eyebrow tint	€30.00
Eye Brow Shape	€12.00

#### **Spa Facilities**

Sauna & Hamam	€10.00
Jacuzzi	€10.00
Jacuzzi for 2	€15.00

### Spa Etiquette

- Prior to your first treatment please arrive 5 minutes early as you will be requested to complete our spa consultation in order for us to provide you with the most suitable treatment for you.
- It is important that you disclose any particular injury or condition you may have and explain this to your therapist. We may suggest appropriate adjustments to the therapy for your comfort and relaxation.
- For face and body treatments you will be required to remove all jewellery and clothing, leaving only your underwear. For some treatments your therapist will provide you with a disposable slip.
- For sauna and hamam swimwear is optional although you must take a towel with you for modesty. At all other times we request you respect fellow guests and cover yourself in corridors and relaxation room.
- During treatments it is important that you let your therapist know if you feel at all uncomfortable, too warm or cold, if their pressure is too light or firm.
- Conversation during a treatment is entirely optional. Your therapist will take her cue from you, should you maintain silence then she will too. However please feel free to ask any questions you may have at any time.
- Armonia Spa is a haven of relaxation therefore should remain free from the stress and worry of the day. For this reason we kindly advise that mobile phones are not permitted.
- Please respect fellow spa users and keep conversation level low.
- Thank-you for your understanding and compliance, we hope that your Spa experience will be all you could wish it to be.

### Cancellation Policy

Kindly note that due to potentially high demand at various times we have put down the following cancellation policy for your attention:

Cancellation has to be given minimum 3 hours prior notice, else 50% of the treatment charge will be charged to your room account - No shows will be charged fully to your room account.